

Secondary Prevention of Vascular Disease in Type 2 Diabetes Guideline – APNA submission

8 July 2015

The Australian Primary Health Care Nurses Association (APNA) welcomes the opportunity to contribute to Baker IDI Heart and Diabetes Institute's consultation on the draft Guideline on Secondary Prevention of Vascular Disease in Type 2 Diabetes. We are providing this submission on behalf of our membership, Australian primary health care nurses.

APNA Submission

As an overall comment on the draft Guideline on Secondary Prevention of Vascular Disease in Type 2 Diabetes (the Guideline) it is APNA's view that the Guideline is extremely comprehensive and its authors appear to have considered all relevant and available evidence. It is also APNA's general view that, without knowing the proposed methods of delivering the Guideline, the document could be made clearer and more 'user-friendly' for healthcare professionals.

Our specific comments on the Guideline are listed below:

- Although the Guideline covers secondary prevention [of Vascular Disease in type 2 diabetes], and there are separate guidelines for primary prevention, APNA notes there is no reference to the continuation of primary interventions, such as ongoing education. It is our view that the Guideline should reference primary interventions.
- In order for the Guideline to be as accessible and available as possible to all health professionals, it is important that the elements of the Guideline are clearly presented. APNA suggests clarity could be improved with the use of algorithm charts covering all the considered 'key evidence based recommendations for adults with type 2 diabetes and cardiovascular disease'. An example of this in another context is the algorithm charts developed by the Royal Australian College of General Practitioners (RACGP) for its 'Clinical guidelines for musculoskeletal diseases' (see www.racgp.org.au/your-practice/guidelines/musculoskeletal).

About APNA

Australian Primary Health Care Nurses Association (APNA) is the peak professional body for nurses working in primary health care. APNA champions the role of primary health care nurses; to advance professional

recognition, ensure workforce sustainability, nurture leadership in health, and optimise the role of nurses in patient-centred care.

APNA is bold, vibrant and future-focused. We reflect the views of our membership and the broader profession by bringing together nurses from across Australia to represent, advocate, promote and celebrate the achievements of nurses in primary health care.

Nurses in primary health care contribute to a healthy Australia through innovative, informed and dynamic care.

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